



Brentwood School
28 Heron Road
Sherwood Park, Alberta
T8A 02H
780.467.5591

November 27, 2019

Dear Parents/Guardians:

As an extension of our Physical Education curriculum, all students in kindergarten to grade six are being offered the opportunity to go skiing or snowboarding at Rabbit Hill in Edmonton on Monday, December 16th. We will start leaving the school at 8:45 am and will arrive at the hill around 9:15 am. Students will ski until 2:00 pm. Students and staff will be transported to and from the hill via school bus.

Students are not permitted to transport their equipment on their regular school bus. Equipment can be brought to the school in the morning and loaded into the parent volunteer's vehicle for transport to the ski hill. Parents are asked to leave equipment by the grade six doors so it can be loaded into a designated vehicle that will transport the equipment.

We will depart from Rabbit Hill at 2:00 pm for the bus trip back to the school, arriving at approximately 2:45 pm. If parents are transporting students to and from the hill these arrangements must be indicated to the homeroom teacher prior to the ski date. Parents must also complete a waiver form in order for students to be taken to or from the ski hill by means other than the school bus. If driven by a parent to the hill, students must meet the bus in the parking lot at the hill to check in with their teacher and receive their lift tickets. Students may not go with other parents unless written permission is received by both parents indicating the arrangements.

Rabbit Hill offers skiing and snowboarding rentals and all students will be taking a lesson regardless of their experience. Students must complete the mandatory lesson, which is included in the price of the lift ticket. Ski instructors will determine the appropriate level for each student when they get on the hill. The ski instructor has the final say as to where the student is able to ski determined by how they progress in their lesson. **This year, snowboarding rentals and lessons will be offered only to grades 4 to 6 students.** However, we realize that there are many excellent snowboarders in grades 1 to 3...so if your child owns their own snowboard and has previous experience snowboarding they may also take the snowboarding lessons provided with the division two students.

Appropriate dress is essential and details are provided in the information sheets attached. Helmets are required for all students participating in this field trip. Failure to have a helmet will mean no access to the ski hill at all.

Staff members and parent volunteers will supervise students. The safety guidelines for physical activity in Alberta schools will be met. Students will review the safety policies and procedures encountered at Rabbit Hill. There is a first aid station located on the hill, as well as a ski patrol. Students are encouraged to ski and stay in groups of two or three. Staff and parent volunteers will be on the hill or in the chalet and will have prearranged check-in times and locations with students. Students are instructed not to go out of bounds and are to follow all site rules and safety procedures. Students will be required to follow all applicable school and school bus rules for the duration of the trip.

Students are to bring a large bagged lunch with items that do not require microwaving. Students can also order hot food from the cafeteria.

We encourage parents to come and enjoy this day of skiing with their kids. We require lots of parent volunteers to be out on the hill skiing and/or supervising. The costs for skiing/snowboarding for students and parents are listed on the permission form.

Thank you for your support of this activity. Please review and complete the attached permission form by Friday December 6, 2019. Should you have any questions or concerns, please feel free to contact Tracy Russell (tracy.russell@eips.ca) or Don Vantour (don.vantour@eips.ca) or call the school directly at (780) 467-5591

Sincerely,

T. Russell and D. Vantour

Field Trip Information for Students

WHAT TO WEAR

Skiers/Riders must be prepared for all types of weather when on the slopes, from mild spring days to blustery, winter cold. When dressing for your ski trip, keep the following in mind:

- Cold weather clothing should keep the wearer dry and warm, not hot. In other words, keep the heat in, and the snow and wind out.
- Layering works best, either a few thick, warm layers, or many thin layers. The outside layer should always be water/wind proof.
- An example of suitable clothing would be a turtleneck, a wool/fleece sweater, and a conventional ski jacket. An alternative would be to add more inside layers and wear a lightweight shell as the outside layer. Suitable outside layers include breathable nylon jackets and pants, running suits, ski/ suits, and

powder suits. These options cut the wind and allow snow to be easily brushed off.

- Jeans, sweat pants, cotton or wool worn as an outer layer will pick up snow and leave the skier/rider wet and cold, and are not recommended. However, sweat pants and long underwear can be layered under a water/wind proof outer layer.
- Headgear is a must, whether in the form of a woolen hat or helmet, as most body heat is lost through the head. Avoid anything with long tassels or pompoms that could get caught in the ski lift.
- Neck tubes are preferred over scarves as they are worn inside clothing therefore avoiding any chance of catching on the ski lift. If a scarf is worn, it should always be tucked inside clothing. Long hair or any other long strings or closures should also be tied back or tucked in.
- A warm pair of gloves or mittens is essential. In general, mittens keep hands warmer than gloves, however either one should always have a synthetic or leather outer shell for protection from snow and abrasions.
- Goggles or sunglasses protect the eyes from sun, wind, and blowing snow. Be aware of the weather conditions when choosing appropriate eyewear. Goggles are the best choice in blowing, winter conditions.
- Ski/snowboard boots should be worn with a single pair of good fitting, comfortable wool or synthetic socks that are not too thick. Too many socks stuffed into boots can cut the circulation and increase the chance of cold feet.



FIELD TRIP PERMISSION FORM

Dear Parents/Guardians, this is to inform you that we are planning the following field trip. Please retain Section 1 for your reference and return Section 2 to the appropriate supervisor.

SECTION 1: Field Trip Information (to be completed by the Field Trip Supervisor)

Name of field trip	School
Ski Trip at Rabbit Hill	Brentwood Elementary (K-6)

Today's date	Trip Supervisor/Staff Liaison (if not a staff member)	Position
November 27, 2019	Tracy Russell	Teacher

Description of field trip

Students will develop skiing skills as part of the outdoor pursuits section of Alberta Education's Physical Education curriculum. The students will participate in a ski/snowboard lesson and a full day of skiing at Rabbit Hill.

Departure Date	Time	Return Date	Time	<input type="checkbox"/> Add a row
Monday, December 16, 2019	8:30am	Monday, December 16, 2019	2:45pm	<input type="checkbox"/> Remove a row

Subject/Block	# of Students	Grades
	400	ECS-grade 6

Other supervisors (indicate if supervisor is a teacher, classified staff, parent or other volunteer)

Classroom teachers, Educational assistants, Parent volunteers

Destination(s), include the address whenever possible

Rabbit Hill (D-25512 Township Road 510A, Leduc County, AB T9G 0H9)

Purpose of the trip (include curriculum/program alignment)

Students will develop skiing skills as part of the outdoor pursuits section of Alberta Education's Physical Education curriculum.

Activities

Skiing and Snowboarding

Risks and safety precautions

- 1) All students will take a ski or snowboard lesson.
- 2) To help ensure that students are skiing at the correct levels, all Brentwood students will have their lift tags designated to indicate the ski levels. As diligently as possible, ski supervisors will be monitoring the students on the hill to check that students are skiing at their level. Ski hill operators will also be checking the lift tickets.
- 3) There is always a chance of injury with skiing and snowboarding. One staff member will take an emergency vehicle to the ski hill. Contact numbers will be taken for all students. In the event of an accident, the parent will be immediately contacted with the understanding that the parent will advise the supervisors as to a plan of action. In most cases, the parent will come and pick up the child. This is especially true in the event the child gets sick over the course of the day. If the parent cannot be reached, the emergency numbers will be tried. In the event that no one can be reached, the child will be brought to school or taken for medical attention by the principal or her designate. In the event of any type of emergency, guidance will be obtained from the ski resort personnel.
- 4) Two check-in times will be established—one at noon and one at the end of the day. Students are expected to be on time for check-in times.
- 5) Supervisor will be taking a cell phone.
- 6) Supervisors will be on the slopes at all times. Some of these will be skiing and others will not.
- 7) Many of the above safety precautions are described in the document, Safety Guidelines for Physical Activity in Alberta Schools, which is the manual we use when planning physical education activities. Each teacher will review the information listed under Skiing (Alpine)/

Freedom of Information and Protection of Privacy - Notification of Use

The information collected on this form is for the purpose of coordinating field trips in EIPS, including tracking permission and maintaining accurate emergency contact information. This personal information is collected pursuant to the provisions of the School Act and Regulations thereto, and the FOIP Act, section 33(c). If you have any questions about the collection and use of the information, please contact Elk Island Public Schools' FOIP Coordinator, 683 Wye Road, Sherwood Park, AB T8B 1N2 780-417-8204, or your school principal.

ELK ISLAND PUBLIC SCHOOLS **FIELD TRIP PERMISSION FORM**

Snowboarding in order that all supervisors, including parent volunteers, understand the basic guidelines.

Transportation arrangements

Yellow Bus

Special clothing or equipment required

Equipment and clothing list included in the ski package

If your child has any **allergies or medical conditions** which require special consideration, please contact the school at (780)467-5591

Request for Volunteers (Field Trip Supervisor please indicate if volunteers are needed and provide a description of duties) Yes No

Description of volunteer responsibilities

Come and enjoy the day skiing with your child

Payment Information

Amount/cost for field trip \$22 to \$40 or Amount/cost is included in grade/course field trip fee

School fee information for the 2017-18 school year is expected to be posted on the PowerSchool Parent Portal by early **October**. All fees are due within 30 days of being posted. To access your fee information, simply log in to the PowerSchool Parent Portal and go to "Student Fees." There you can view your fees and pay them online using Visa, MasterCard or INTERAC Online - when available from your financial institution.

How will refunds be issued? (Refund Statement - AP 505) Refunds are available for registration only. The cost of busing cannot be refunded.

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SECTION 2: Parent/Guardian Approval (Students will be required to follow all applicable school rules for the duration of the trip.)

If this form is not completed and returned to the school, it will be considered that you have **NOT PROVIDED CONSENT** for your child to participate in the field trip as described above.

Field Trip: **Ski Trip at Rabbit Hill**

Trip Supervisor/Staff Liaison: **Tracy Russell**

I _____ allow, _____ to participate in this field trip.

Parent/Guardian Signature

Date

Emergency Contact Information

Emergency contact name	Home phone	Work	Emergency
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Yes, I am able/available to volunteer on this field trip as described in section 1.

Name	Phone	Email
<input type="text"/>	<input type="text"/>	<input type="text"/>

Please pay ski trip fees using the Parent Portal (PowerSchool). The ski trip fees must be paid in full by Friday, December 6th in order to participate.

Required Information	
First Name	<input type="text"/>
Last Name	<input type="text"/>
Grade	<input type="text"/>
Teacher	<input type="text"/>
Weight (lbs)	<input type="text"/>
Shoe Size	<input type="text"/>

Student Pricing

Ski/Snowboard/Lift Passes		
Day Pass, Lesson, Ski Rental (includes helmet)	\$40.00	<input type="text"/>
Day Pass, Lesson, Snowboard Rental (includes helmet) - grades 4-6 only	\$40.00	<input type="text"/>
Day Pass, Lesson, Own Equipment	\$22.00	<input type="text"/>

Parent Volunteer Pricing

Ski/Snowboard/Lift Passes		
Day Pass, Ski/Snowboard Rental	\$34.00	<input type="text"/>
Day Pass (Own Equipment)	\$16.00	<input type="text"/>